

## **NORTH LANCS LEVEL 3 MEET WARM UP SCHEDULE**

### **Session 1 Saturday 13 July**

<b>8:30 – 8:45 am</b>	<b>Girls 11/12/13 years</b>
<b>8:45 – 9:00 am</b>	<b>Lanes 1 – 4 Boys 12/over</b>
	<b>Lanes 5 – 8 Girls 14/over</b>
<b>9:00 – 9:15 am</b>	<b>Boys 9/10/11 years</b>
<b>9:15 – 9:30 am</b>	<b>Girls 9/10 years</b>

**Session 1 start at 9:35 am**  
**Estimated finish time 11:40 am**

### **Session 2 Saturday 13 July**

<b>12:30 – 12:45 pm</b>	<b>Boys 9/10/11 years</b>
<b>12:45 – 1:00 pm</b>	<b>Girls 9/10 years</b>
<b>1:00 – 1:15 pm</b>	<b>Girls 11/12/13 years</b>
<b>1:15 – 1:30 pm</b>	<b>Lanes 1 – 4 Boys 12/over</b>
	<b>Lanes 5 – 8 Girls 14/over</b>

**Session 2 start at 1:35 pm**  
**Estimated finish time 4:00 pm**

### **Session 3 Sunday 14 July**

<b>8:00 – 8:15 am</b>	<b>Lanes 1 – 4 Boys 12/over</b>
	<b>Lanes 5 – 8 Girls 14/over</b>
<b>8:15 – 8:30 am</b>	<b>Boys 9/10/11 years</b>
<b>8:30 – 8:45 am</b>	<b>Girls 9/10 years</b>
<b>8:45 – 9:00 am</b>	<b>Girls 11/12/13 years</b>

**Session 3 start at 9:05 am**  
**Estimated finish time 11:20 am**

### **Session 4 Sunday 14 July**

<b>12:30 – 12:45 pm</b>	<b>Girls 9/10 years</b>
<b>12:45 – 1:00 pm</b>	<b>Girls 11/12/13 years</b>
<b>1:00 – 1:15 pm</b>	<b>Lanes 1 – 4 Boys 12/over</b>
	<b>Lanes 5 – 8 Girls 14/over</b>
<b>1:15 – 1:30 pm</b>	<b>Boys 9/10/11 years</b>

**Session 4 start at 1:35 pm**  
**Estimated finish time 4:15 pm**