

North Lancashire Swimming & Water Polo Association

(Affiliated North West Region ASA)

LEVEL 3 MEET 2019

(Licensed Meet No. 3NW191767 - Under ASA Laws & ASA Technical Rules of Swimming)

PROGRAMME OF EVENTS

BLACKPOOL PALATINE 25m POOL

Saturday 13 July 2019

Sunday 14 July 2019

Event No.	Session 1 Warm-up TBC. Start TBC	Event No.	Session 3 Warm-up TBC. Start TBC
101	Girls 11/12/13/14/ov 200m I.M.	301	Boys 11/12/13/14/ov 200m I.M.
102	Boys 9/10/11yr 50 Butterfly	302	Girls 9/10/11yr 50 Butterfly
103	Boys 12/13/14ov 50 Butterfly	303	Girls 12/13/14ov 50 Butterfly
104	Girls 9/10/11yr 50m Backstroke	304	Boys 9/10/11yr 50m Backstroke
105	Girls 12/13/14/ov 50m Backstroke	305	Boys 12/13/14/ov 50m Backstroke
106	Boys 9/10/11yr 200m Backstroke	306	Girls 9/10/11yr 200m Backstroke
107	Boys 12/13/14ov 200m Backstroke	307	Girls 12/13/14ov 200m Backstroke
108	Girls 10/11yr 100m Breaststroke	308	Boys 10/11yr 100m Breaststroke
109	Girls 12/13/14/ov 100m Breaststroke	309	Boys 12/13/14/ov 100m Breaststroke
110	Boys 10/11yr 100m Freestyle	310	Girls 10/11yr 100m Freestyle
111	Boys 12/13/14/ov 100m Freestyle	311	Girls 12/13/14/ov 100m Freestyle
112	Girls 9/10/11yr 200m Butterfly	312	Boys 9/10/11yr 200m Butterfly
113	Girls 12/13/14/ov 200m Butterfly	313	Boys 12/13/14/ov 200m Butterfly

Event No.	Session 2 Warm-up TBC	Event No.	Session 4 Warm-up TBC
201	Boys 9/10/11/12/13/14/ov 100m I.M.	401	Girls 9/10/11/12/13/14/ov 100m I.M.
202	Girls 9/10/11yr 200m Freestyle	402	Boys 9/10/11yr 200m Freestyle
203	Girls 12/13/14/ov 200m Freestyle	403	Boys 12/13/14/ov 200m Freestyle
204	Boys 9/10/11yr 50m Freestyle	404	Girls 9/10/11yr 50m Freestyle
205	Boys 12/13/14/ov 50m Freestyle	405	Girls 12/13/14/ov 50m Freestyle
206	Girls 10/11yr 100m Backstroke	406	Boys 10/11yr 100m Backstroke
207	Girls 12/13/14/ov 100m Backstroke	407	Boys 12/13/14/ov 100m Backstroke
208	Boys 9/10/11yr 200m Breaststroke	408	Girls 9/10/11yr 200m Breaststroke
209	Boys 12/13/14/ov 200m Breaststroke	409	Girls 12/13/14/ov 200m Breaststroke
210	Girls 9/10/11yr 50m Breaststroke	410	Boys 9/10/11yr 50m Breaststroke
211	Girls 12/13/14/ov 50m Breaststroke	411	Boys 12/13/14/ov 50m Breaststroke
212	Boys 10/11yr 100m Butterfly	412	Girls 10/11yr 100m Butterfly
213	Boys 12/13/14/ov 100m Butterfly	413	Girls 12/13/14/ov 100m Butterfly

CLOSING DATE FOR ENTRIES MIDNIGHT MONDAY 24 JUNE 2019