

# North Lancashire Swimming Association Age Groups and Championships 2017 Programme of Events

## License Numbers 2NW171572 & 2NW171573

Session 1		30 September 2017	Warm up 8:15 am	Session 2		30 September 2017	Warm up TBC
101	Male	400 Freestyle HDW	Age 9 – 15/Ov	201	Female	50 Breaststroke HEATS	Age 9 – 15/Ov
102	Female	50 Backstroke HEATS	Age 9 – 15/Ov	202	Male	50 Freestyle HEATS	Age 9 – 15/Ov
103	Male	100 I.M. HEATS	Age 9 – 15/Ov	203	Female	100 Freestyle HEATS	Age 9 – 15/Ov
104	Female	100 Butterfly HEATS	Age 9 – 15/Ov	204	Male	200 Butterfly HDW	Age 9 – 15/Ov
105	Male	200 Backstroke HDW	Age 9 – 15/Ov	205	Female	200 I.M. HDW	Age 9 – 15/Ov
106	Female	50 Backstroke FINAL	Junior	206	Male	100 Backstroke HEATS	Age 9 – 15/Ov
107	Female	50 Backstroke FINAL	Senior	207	Female	50 Breaststroke FINAL	Junior
108	Male	100 I.M. FINAL	Junior	208	Female	50 Breaststroke FINAL	Senior
109	Male	100 I.M. FINAL	Senior	209	Male	50 Freestyle FINAL	Junior
110	Female	100 Butterfly FINAL	Junior	210	Male	50 Freestyle FINAL	Senior
111	Female	100 Butterfly FINAL	Senior	211	Female	100 Freestyle FINAL	Junior
				212	Female	100 Freestyle FINAL	Senior
				213	Male	100 Backstroke FINAL	Junior
				214	Male	100 Backstroke FINAL	Senior
Session 3		1 October 2017	Warm Up 8:15 am	Session 4		1 October 2017	Warm Up TBC
301	Female	400 Freestyle HDW	Age 9 – 15/Ov	401	Male	50 Breaststroke HEATS	Age 9 – 15/Ov
302	Male	50 Backstroke HEATS	Age 9 – 15/Ov	402	Female	50 Freestyle HEATS	Age 9 – 15/Ov
303	Female	100 I.M. HEATS	Age 9 – 15/Ov	403	Male	100 Freestyle HEATS	Age 9 – 15/Ov
304	Male	100 Butterfly HEATS	Age 9 – 15/Ov	404	Female	200 Butterfly HDW	Age 9 – 15/Ov
305	Female	200 Backstroke HDW	Age 9 – 15/Ov	405	Male	200 I.M. HDW	Age 9 – 15/Ov
306	Male	50 Backstroke FINAL	Junior	406	Female	100 Backstroke HEATS	Age 9 – 15/Ov
307	Male	50 Backstroke FINAL	Senior	407	Male	50 Breaststroke FINAL	Junior
308	Female	100 I.M. FINAL	Junior	408	Male	50 Breaststroke FINAL	Senior
309	Female	100 I.M. FINAL	Senior	409	Female	50 Freestyle FINAL	Junior
310	Male	100 Butterfly FINAL	Junior	410	Female	50 Freestyle FINAL	Senior
311	Male	100 Butterfly FINAL	Senior	411	Male	100 Freestyle FINAL	Junior
				412	Male	100 Freestyle FINAL	Senior
				413	Female	100 Backstroke FINAL	Junior
				414	Female	100 Backstroke FINAL	Senior

### Weekend 2

Session 5		21 October 2017	Warm Up 8:15 am	Session 6		21 October 2017	Warm Up TBC
501	Female	400 I.M.	Age 11 – 15Ov	601	Male	100 Breaststroke HEATS	Age 9 – 15/Ov

